



## **Southside Paddlers**

## **Code of conduct**

### **Administrator**

- I will provide opportunities for members to be involved in planning, leadership, evaluation and decision-making related to their activity
- I will create pathways for members to participate not just as a paddler but also as a coach, official, administrator etc
- I will ensure that rules, equipment, competition and training schedules are modified to suit the age, ability and maturity level of members
- I will ensure quality supervision and instruction for members
- I will remember that players participate for their enjoyment and benefit. I will not over emphasise awards
- I will help coaches and officials highlight appropriate behaviour and skill development, and help to improve the standards of coaching and officiating
- I will ensure that everyone involved in sport emphasises fair play, and not winning at all costs
- I will distribute a code of conduct to players, coaches, officials and parents and encourage them to follow it
- I will not arrive at the venue intoxicated or drink alcohol at junior competition
- I will not allow the unlawful supply of alcohol at training, competition or club functions
- I will not use bad language, nor will I harass players, coaches, officials or spectators
- I will respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background
- I will promote adherence to anti-doping policies.



## Southside Paddlers

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### Coach

- I will remember that athletes participate for enjoyment and winning is only part of the fun
- I will never ridicule or yell at athletes for making a mistake or not winning
- I will be reasonable in my demands on players' time, energy and enthusiasm
- I will operate within the rules and spirit of the sport and teach my athletes to do the same
- I will ensure that the time athletes spend with me is a positive experience. All athletes are deserving of equal attention and opportunities
- I will avoid over utilising the talented athletes and understand that the average athletes need and deserve equal time
- I will not use bad language nor will I harass athletes, officials, spectators or other coaches
- I will ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all athletes
- I will display control, respect and professionalism to all involved with the sport including opponents, coaches, officials, administrators, the media, parents and spectators. I will encourage my athletes to do the same.
- I will show concern and caution toward sick and injured athletes and follow the advice of a physician when determining whether an injured athlete is ready to recommence training or competition
- I will obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young athletes
- I will not arrive at the venue intoxicated or drink alcohol at junior competition
- I will not allow the unlawful supply of alcohol at training, games or club functions
- I will respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background
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### Official

- I will place the safety and welfare of players above all else
- I will show concern and caution towards sick and injured athletes
- I will give all athletes a 'fair go' regardless of their gender, ability, cultural background or religion
- I will be impartial, consistent, objective and courteous when making decisions
- I will accept responsibility for my actions and decisions
- I will condemn unsporting behaviour and promote respect for the individuality of players
- I will avoid any situations which may lead to or be construed as a conflict of interest
- I will be a positive role model in behaviour and personal appearance and ensure my comments are positive and supportive
- I will be a good sport as I understand that actions speak louder than words
- I will always respect, remain loyal to and support other officials
- I will keep up to date with the latest 'Rules of Paddling', trends and principles of their application
- I will refrain from any form of personal abuse towards athletes or other officials
- I will refrain from any form of sexual harassment towards players or other officials
- I will not arrive at the venue intoxicated or drink alcohol at junior competition
- I will respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background.



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### Parent

- I won't pressure my child in any way – I know that this is their sport not mine
- I will not use bad language, nor will I harass athletes, coaches, officials or other spectators
- I will encourage my child to compete within the rules and respect officials' and coaches' decisions – no matter what
- I will teach my child to respect the efforts of their competitors
- I will remember that children learn best by example so I will applaud good performances by both my child and their fellow competitors
- I will give positive comments that motivate and encourage continued effort
- I will focus on my child's efforts and performance – not the result
- I will thank the coaches, officials and other volunteers who give their time to conduct the event or training for my child
- I will not involve myself in coaching or training, unless under the coaches direction.
- I will help when asked by a coach or official
- I won't criticise or ridicule my child's performance after the competition
- I will not arrive at the venue intoxicated or drink alcohol at junior competition
- I will respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background.



## **Southside Paddlers Code of conduct at competition**

### **Athlete**

- I will always compete by the rules
- I will never argue with an official. If I disagree with a decision I will inform the coach or manager during or after the competition
- I will control my temper. I understand that verbal abuse of officials and sledging other competitors or members and deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport
- I will always compete to the best of my ability for myself and/or my team during competition
- I will be a good sport
- I will treat all players in my sport as I like to be treated. I will not bully or take unfair advantage of another competitor
- I will cooperate with my coach, team mates and opponents
- I will display modesty in victory and graciousness in defeat
- I will participate for my own enjoyment and benefit, not just to please parents and coaches
- I will not arrive at the venue intoxicated or drink alcohol at junior competition
- I will respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion
- I will thank the opposition and officials at the end of the competition
- I will comply with anti-doping policies.

## **Code of conduct at training**

### **Athlete**

- I will be friendly and respect the rights, dignity and worth of all club members regardless of their gender, ability, cultural background or religion
- I will always train to the best of my ability and will always encourage my training buddies
- I will care for and maintain club equipment at all times. This includes the kayaks, paddles and any other training equipment.
- I will wash down and store my kayak after use at training or competition and will advise the coaches/gear steward immediately if there are any repairs or maintenance required.
- I will observe safety practises around the training facilities, no climbing on the containers, and observe a 5 kph speed limit inside the compound.



# Southside Paddlers

## The Ten Commandments

1. Be friendly and respectful of one another
2. Train conscientiously, do not interfere with others
3. Encourage each other during training
4. Support each other when racing
5. Race to the best of your ability
6. No parent involvement in training/coaching
7. No climbing on containers
- 8 All boats to be washed and maintained after each training or competition session
- 9 Speed limit of 5kph near in the carpark and next to containers
10. The athlete is responsible for their allocated kayak.